

**SGT DENTAL COLLEGE  
HOSPITAL AND RESEARCH INSTITUTE**

**NEWSLETTER**

**VOLUME 2 ISSUE 1 2025**







SGT Dental College, Hospital and Research Institute was established in year 2002 and later became a constituent affiliated faculty of SGT University in 2013 (Faculty of Dental Sciences, SGT University). SGT University is determined to promote research, innovation, and multi-disciplinary education. Our sizable campus, which is located on the outskirts of Gurugram, spans more than 70 acres and has every type of resource and infrastructure available to facilitate optimum academic and research output. Our constant push for excellence led to us to be one of the youngest universities to have received a NAAC A+ accreditation rating. Amongst our expansive range of specialties are our medical programs, taught in sync with SGT Medical College, Hospital & Research Institute, and considered to be some of the best in the country.



SGT Dental College is committed to providing quality education, innovative research, and a holistic approach for student development. The college has state-of-the-art infrastructure, including ICT enabled classrooms, well-equipped pre-clinical and clinical laboratories to enhance the learning experience. The Dental College Hospital, a key component, is equipped with modern dental units, diagnostic tools, and equipment that facilitate high-quality treatment and training, where students gain hands-on experience in providing dental care to patients under supervision. The college offers a comprehensive clinical training program, providing students with opportunities to have experiential learning to treat patients and enhance their practical skills. The SGT Dental College emphasizes on overall development of the students, offering various extracurricular activities, including continuing dental education activities, seminars, hands-on workshops, oral health and medical health check-up and treatment camps, cultural activities and outdoor and indoor sports events, etc.

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VOLUME 2 ISSUE 1 2025



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VOLUME 2 ISSUE 1 2025



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# ACADEMIC ACTIVITIES ORGANIZED IN FIRST QUARTER JAN TO MARCH 2025



## EXPLORING THE WORLD OF PUBLIC HEALTH DENTISTRY: FROM CLINICS TO RESEARCH TO HEALTH POLICIES

Innova8 Oral Health Care Academic Club constituted under the Department of Public Health Dentistry organized guest lecture on 3rd January, 2025 by Dr. Neha Jain (Alumna, SGT University; Pre-Doctoral Fellow, Newcastle University, United Kingdom).

The keynote speaker enlightened students on the transition from clinical practice to innovative research methodologies and the impact of evidence-based findings on health policy formulation. She also emphasized on various career opportunities for BDS undergraduates in the United Kingdom.

## PROSTHODONTIST DAY CELEBRATION

On January 22nd, the Department of Prosthodontics celebrated the art and science of prosthodontics with exciting activities. Our talented students participated in thrilling activities like teeth setting competition and showcased their creativity in a fun game of Pictionary on the theme of Prosthodontics.







## BASICS OF DAMON'S SYSTEM

On Saturday, 25th January 2025, Dr. Sunanda Roy Choudhary, a certified Diplomate of the Indian Board of Orthodontics gave the insights about the fundamentals of Damon's system and discussed various cases treated by her using the same. In addition to that, she enlightened the students on the current cases being treated through this system and gave them useful advice on the same.

## HOW ENTREPRENEURSHIP IS HOLDING IN THE NEW MILLENNIUM

On the same day, Faculty of Dental Sciences and Faculty of Commerce and Management, under the aegis of Institution's Innovation Council (IIC), SGT University, organized an Expert Talk by Mr. Saurabh Kalra, X-Head, M&P at Fs Life II. It was an insightful session that provided attendees with the in-depth understanding of the evolving entrepreneurial landscape, challenges, opportunities, essential skills for modern entrepreneurs and how individuals can navigate it effectively.



## THE IMPORTANCE OF COMMUNITY SERVICE AND ITS SOCIAL IMPACT

Innova8 Oral Health Care Academic Club constituted under the Department of Public Health Dentistry, in collaboration with Rotaract Club of Medicrew, Mumbai, organized an interactive on 29th January, 2025. The session was delivered by Dr. Surbhi Priyadarshi (Assistant Professor, Dept. of Public Health Dentistry) wherein the students were enlightened regarding the importance of community services and its social impact at a population level. Students were also encouraged to volunteer in various outreach activities.



## MARPE: BEYOND THE LIMITS

On 7th February 2025, The Smile 4 Souls academic association, constituted under the Department of Orthodontics and Dentofacial Facial Orthopaedics, organized a lecture for Postgraduates and Faculty by Dr Narayan Gandedkar -Discipline Lead and Coordinator of Doctor of Dental Medicine (DMD) (Orthodontics) and Post-Graduate Supervisor of DCLinDent (Orthodontics) at the University of Sydney School of Dentistry and also an Adjunct Professor at SGT University. He is Australasian Orthodontic Board Certified (ABO), and holds membership of ADA-NSW branch, and Academic membership of Australian Society of Orthodontists (ASO).



## INTERNATIONAL ORAL CANCER CONGRESS (IOCCON) IN COLLABORATION WITH MEDSKILL

From 6th and 9th February 2025, Department of Oral Medicine and Radiology, in association with National Health Academy (New Delhi) and Medskill, conducted the online congress which was an enriching gathering of experts, researchers, universities and clinicians from across the globe (Turkey, Srilanka, USA, UK). There were lectures covering a wide array of topics ranging from early detection methods to cutting-edge therapies, technological advancements and innovative treatment options available to patients.

## POSITIVE PSYCHOLOGY AND YOU

On 7th February 2025, Dr Tarun Sharma, Professor, Seema Dental College, gave profound insights into psychological principles captivated both undergraduate and postgraduate dental students alike. The lecture seamlessly bridged theoretical psychological concepts with practical applications in dental practice, providing future dentists with valuable tools for managing patient anxiety, building rapport, and maintaining their own mental wellbeing in a demanding profession.







## EXPANSE OF ORTHODONTICS: DO YOU KNOW WHAT AN ORTHODONTIST DOES

On 8th February 2025, The Smile 4 Souls academic association, constituted under the Department of Orthodontics and Dentofacial Facial Orthopaedics, organized a lecture for undergraduates by Dr. Narayan Gandedkar, an accomplished adjunct faculty of SGT University, where he enlightened students about scope and dimensions of orthodontics as a specialty of dentistry to which undergraduate students are less exposed.

## BASIC IMPLANTOLOGY COURSE

The Department of Prosthodontics at SGT University, in association with 32 Pearls, successfully conducted Basic Implant Course – Module 1 on 10th and 11th February, 2025. This comprehensive session provided participants with essential knowledge and hands-on training in implant dentistry, equipping them with the skills to enhance their clinical expertise.



## INTERNATIONAL ORAL AND MAXILLOFACIAL SURGEON'S DAY

Celebrated on 13th February 2025, the event comprised of a guest lecture on **EARLY DETECTION AND PREVENTION OF ORAL CANCER** by Dr Pawan Gupta, Director Oncosurgery, Max hospital, Vaishali and Dr Sushmita Saxena, Prof and HOD, ESIC Dental College & Hospital, Rohini. The speakers emphasized on the primary role of a dental surgeon in detecting oral cancer.



## OROFACIAL PAIN AND TMD HANDS-ON WORKSHOP HELD

On 17th February 2025, Advanced Stomato-diagnostician club under the aegis of Dept of Oral Medicine and Radiology conducted a lecture and hands on workshop by a renowned expert. Dr Harneet Singh Professor from PGI Rohtak with Mini-residency from University of Kentucky USA. With his extensive experience he guided us all to Unlock the secrets to Managing Orofacial Pain and TMJ Disorders. Dr. Singh shared his expertise on the latest concepts, techniques and evidence-based practices in managing orofacial pain and TMJ disorders. Hands-on Training with the latest tools and techniques, including splint therapy, trigger point injections, Prolotherapy on model and cases.



## ORAL PATHOLOGIST DAY CELEBRATION

On 25th February 2025, the Department of Oral & Maxillofacial Pathology and Oral Microbiology celebrated Oral Pathologist Day by organizing a Guest Lecture and various competitions like cooking without fire, clay making and reel making for undergraduates. The creativity and talent displayed were inspiring. The Guest lecture was delivered by Dr. Amit Chawla, Co-founder of ORPATH SOLUTIONS and a renowned expert in Oral Pathology on the topic -“Elevating Your Clinical Dentistry with Oral Pathology”



## COLLOQUIUM-25

On 25th February 2025, the Department of Periodontology, in association with Perio Unnati Academic Club and in collaboration with the Indian Society of Periodontology Study Group Delhi-NCR successfully hosted a National program "COLLOQUIUM-25". Esteemed national speakers Dr. Harpreet Singh Grover, Dr. Ashish Jain, Dr Dhruv Arora, Dr. Lakshay Kumar and Dr. Ashish Sethi, delivered insightful sessions on the latest advancements. Lectures were followed by interactive Hands-on workshop on "Corticobasal Implants" which provided participants with practical expertise that will bridge the gap between theory and clinical experience. 150 participants across North zone participated in the event including life members, associate members, private practitioners, PhD scholars and alumni.





## CONS ENDO DAY

Department of Conservative Dentistry and Endodontics in collaboration with Microscope Enhanced Dentistry Club celebrated Cons Endo Day on March 5, 2025, with great enthusiasm and energy. The event featured a series of engaging activities, including fun games for faculty members and students, fostering a spirit of camaraderie and enjoyment. The celebration commenced with a cake-cutting ceremony, marking the occasion with joy and togetherness. A special highlight of the event was the felicitation of Ms. Mehak Bhardwaj, who was awarded for securing the highest marks in Conservative Dentistry and Endodontics in the BDS Final Year Batch of 2020.



## INSTITUTIONAL ETHICS COMMITTEE MEETING

A meeting of all the Members of IEC-SGTDCHRI was held on March 24, 2025 to evaluate the research proposals/protocols of Faculty of Dental Sciences, SGT University which were approved and forwarded by Scientific Review Board-SGT Dental College, Hospital & Research Institute (SRB-SGTDCHRI) which included 44 Synopses (Thesis protocols) of MDS Students (Batch-2024), 03 Synopses of Research Proposals of Faculty Members, 08 Synopses of Research Proposals of MDS Students, 13 Synopses of Research Proposals including Scholars' Projects of BDS Students and 08 Synopses of ICMR-STS of BDS Students.

## INFORMATIVE SESSION TITLED SASHAKT (सशक्त)-HERE FOR HER SMILE- AN INITIATIVE TO ACHIEVE THE ORAL HEALTH WELLNESS OF NON-TEACHING STAFF OF SGT UNIVERSITY.

Innova8 Oral Health Care- An Academic Club of Department of Public Health Dentistry, Faculty of Dental Sciences, SGT University under the aegis of Indian Association of Public Health Dentistry (IAPHD) organized an Informative Session titled **“Sashakt (सशक्त)-Here for Her Smile”** on importance of Women’s Oral Health for Non- Teaching Female Staff along with Free Oral Health Check-up and distribution of Oral Hygiene product samples for all non- teaching staff of SGT University on 25th March 2025 to celebrate the occasion of World Oral Health Day and International Women’s Day 2025.







## TWO DAY WORKSHOP ON MASTERING THE BASICS: A DEEP DIVE INTO ENDODONTICS

The Department of Conservative Dentistry and Endodontics successfully organized a two-day lecture-cum-hands-on workshop on March 27-28, 2025. This comprehensive workshop provided participants with hands-on experience using rotary instruments under magnification with loupes. The training emphasized the advantages of enhanced visualization and precision, equipping students with the skills needed for more efficient and successful root canal treatments.



# LAURELS AND ACCOLADES (FACULTY & STUDENTS)

Dr Puneeta Vohra received certificate of appreciation for guest speaker in IOCCON.

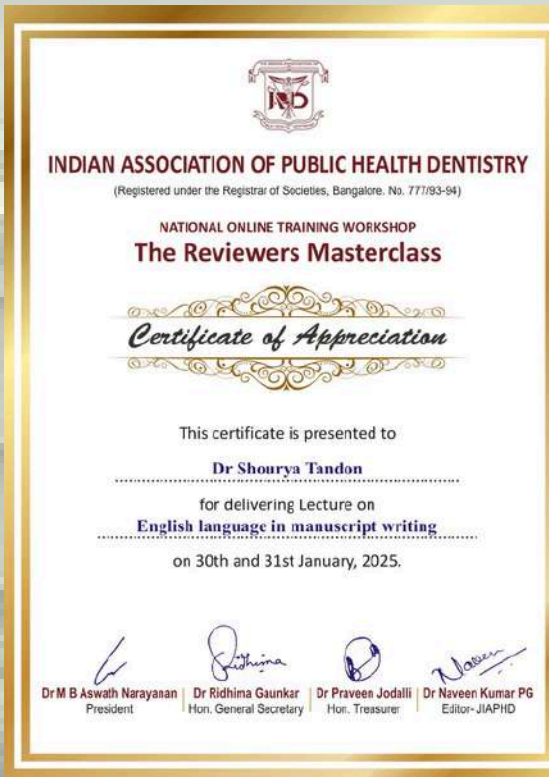


Dr Puneeta Vohra received certificate of appreciation for guest speaker in IPDCON.



Dr. Charu Khurana (Associate Professor & Head) has been honored with the Young Woman Researcher Award by the Venus International Foundation on January 9, 2025. On February 23, 2025, she received another prestigious honor - the Appreciation Award for Distinct Services from the International College of Dentists (ICD) Section VI.





Dr. Shourya Tandon played a pivotal role in promoting academic excellence by serving as a guest speaker at The Reviewers Masterclass – 1st Online Training Workshop for Reviewers organized by the Indian Association of Public Health Dentistry (IAPHD) on January 31, 2025. His session on "English Language in Manuscript Writing" provided valuable insights to aspiring researchers and reviewers, helping them enhance their academic writing skills.

Furthering his contributions to research methodology, Dr. Shourya Tandon was also invited as a guest speaker at The Art and Science of Health Research workshop, organized by Jamia Millia Islamia, New Delhi, on March 4, 2025. His session on "Defining a Research Problem and Question" guided participants in refining their research inquiries, setting a strong foundation for impactful scientific studies.

Dr. Sumit Singh Phukela was awarded the “Most Ambitious Research Award” by the Scientific Laurels Committee in recognition of his exceptional achievement and outstanding contributions to research and development.





Dr. Rangoli Srivastava (Assistant Professor) was awarded the Most Active Participant/Delegate Award at the 9th International Healthcare Conference, 2025, held at Bharat Mandapam, Pragati Maidan, New Delhi, on March 27, 2025.



At the Annual Conference of Association of Oral and Maxillofacial Surgeons of India (AOMSI), Haryana Chapter held in Panchkula, on 1st Mar, 2025. Dr. Lagan Sahni won first, while Dr. Anchal Gupta and Dr. Vikram won third prize.





# IDA CONCLAVE 2025

11 undergraduate students from the Faculty of Dental Sciences attended the Global Conclave on Oral Health Innovation and Research, organized by the Indian Dental Association on 15th–16th February, 2025, held at Dr. B.R. Ambedkar International Center, New Delhi. The students presented their papers, posters, and table clinics under different categories. Pearl Gupta, intern, won third prize for her table clinic under the guidance of Dr. Amit Bhardwaj.



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# PATENTS PUBLISHED

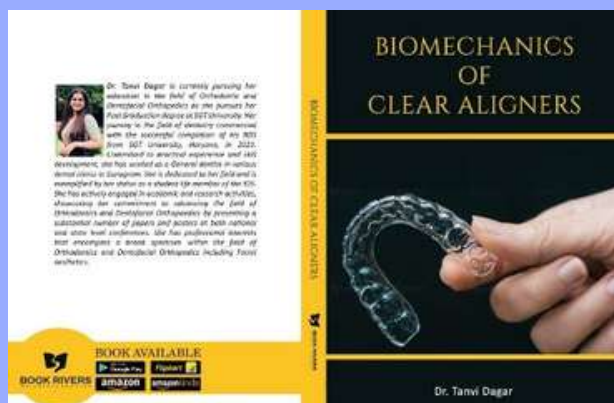
NAME	DEPARTMENT	TITLE
Dr. Rangoli Srivastava, Dr. Shourya Tandon Isha Singh, Yogyaatha, Sakshi Gupta, and Shaily Sharma	Public Health Dentistry	Herbal Teeth Whitening Balm Composition and Method for Preparation Thereof
Dr. Pranav, Dr. Apoorva, Dr. Tarun Kumar, Dr. Shivani	Orthodontics and Dentofacial facial orthopaedics	Sleep Improvement Assistive Device
Dr Amit Bhardwaj, Dr Shalini Kapoor, Dr Vidushi Sheokand, Dr Viyanti Wadhwa Dr Priya Yadav	Periodontolgy	Multifunctional Periodontal Scaling Apparatus
Dr. Sumit Singh Phukela, Dr. Omkar Shetty, Dr. Abhishek Nagpal, Dr. Bhupinder Yadav, Dr. Pankaj Ritwal	Prosthodontics	Multi-Functional Walking Cane for Enhanced Mobility
Dr. Kunal Nischal, Dr. Bhupender Kumar Yadav, Dr. Sumit Singh Phukela, Dr. Kirti Lochav, Daksh Sethi.	Prosthodontics	Child Safety and Emergency Relief System For Vehicles
Dr Drishti Palwankar	Conservative dentistry and endodontics	Laser protective eyewear



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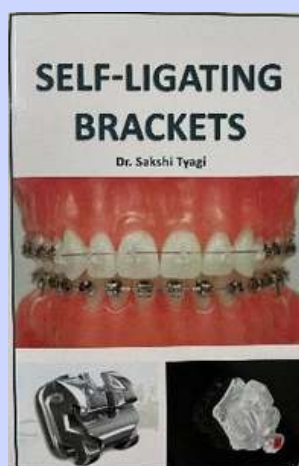
S.No	NAME	DEPARTMENT	TITLE
1	Dr Astha Chaudhry	Department of Oral Medicine & Radiology	Assignment template for CEAPS
2	Dr Srividya, Dr Astha Chaudhry	Department of Oral Medicine & Radiology	Role of Oral medicine specialists in palliative care

## BOOKS/CHAPTER



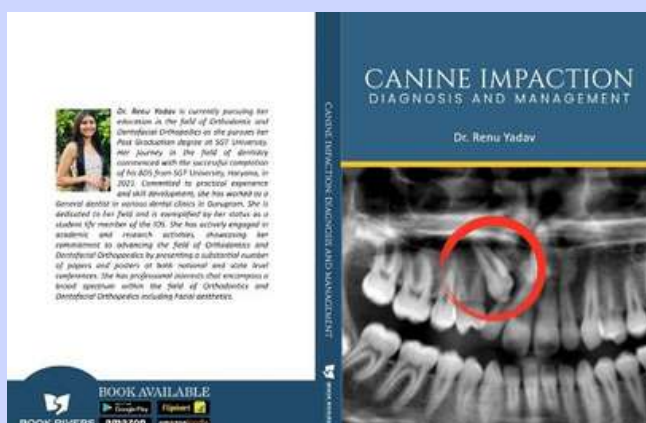
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**Dr. Tanvi, Dr. Tarun Kumar**  
**ISBN No. 978-93-6884-794-6**



## Self-ligating Brackets.

**Dr. Sakshi Tyagi, Dr. Santosh,  
Dr. Tarun Kumar**  
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# Canine Impaction Diagnosis & Management

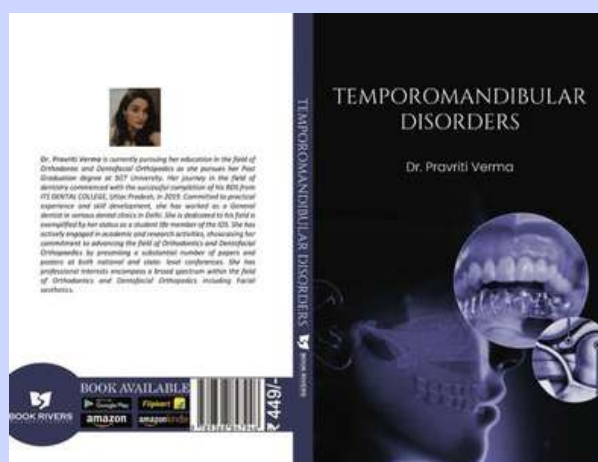
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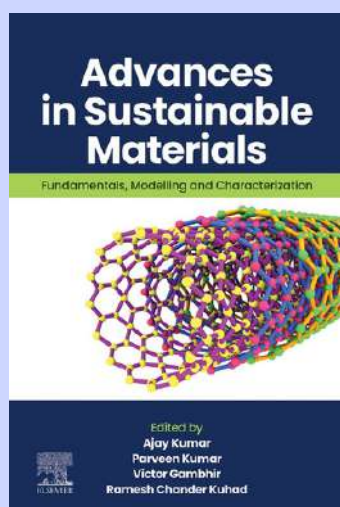
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**Preadjusted Edgewise  
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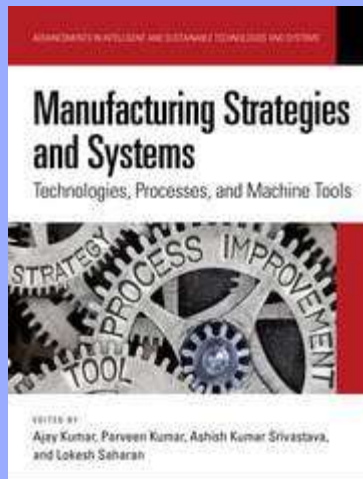


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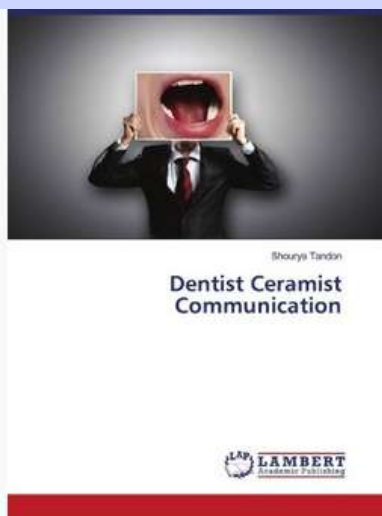
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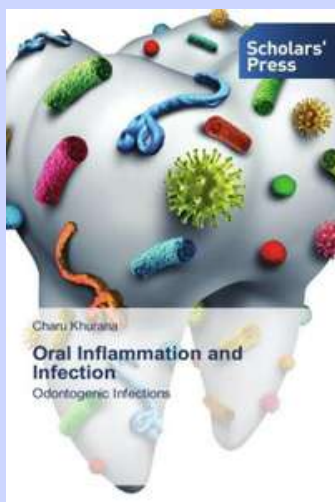


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**Book Title- Manufacturing  
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# EXTRAMURAL GRANT

Ms Achint Kaur, Ms Ankita Arora under the guidance of Dr Srividya received a grant of Rs 20000 from Anveshana 2024.

Dr. Rangoli Srivastava (Assistant Professor) has also received an Extramural Grant from the Centre for Global Development, USA, to attend the First Annual Research Conference on Global Lead Exposure from June 2-4, 2025. This grant, awarded on March 3, 2025, highlights her dedication to addressing global environmental health challenges through research and collaboration.



# STS-ICMR PROJECTS

S. No.	Name of students	Title	Name of Guide	Department
1.	Paras	Evaluating the antibacterial effects of widely available Green tea, Chamomile tea and Moringa tea on salivary Streptococcus Mutans Level: An in vivo Study	Dr. Akanksha Joon	Conservative Dentistry and Endodontics
2.	Charvi Kamra	To evaluate the impact of Mindfulness Meditation for Anxiety Relief in Dental Implant Surgeries	Dr. Pulin Saluja	Oral Pathology
3.	Harjot	Impact of complete dentures on taste perception and Body Mass Index (BMI) on geriatric population - A Comparative Cross Sectional Study	Dr. Meenakshi Chopra	Public Health Dentistry
4.	Smarpit Singla	Correlation between General Health and Oral Health Status and Knowledge among adult patients attending a dental hospital in Gurugram District - An Observational Study	Dr. Rangoli Srivastava	Public Health Dentistry
5.	Devesh	A finite element analysis to compare the stresses generated by tapered cast metal post,zirconia post and peek post on root dentin	Dr. Jaiveer Yadav	Prosthodontics
6.	Sanaa Gandhi	Effects of extracurricular activities on stress	Dr Radhika Rai	Oral Pathology



# STS -ICMR PROJECTS

S. No.	Name of students	Title	Name of Guide	Department
7.	Diya	Residence and Mental Health in MBBS and BDS Students: A Comparative Study Including Salivary Cortisol Analysis	Dr. Omkar K Shetty	Prosthodontics
8.	Jasleen kaur	Assessment of the probiotic supplementation for preventing dental caries: A Ranfomized controlled trial	Dr. Shruti Sharma	Conservative Dentistry and Endodontics
9.	Isha	Exploring the effectiveness of commercial disinfectants for dental water pipelines	Dr Puja Malhotra	Prosthodontics
10.	Anjali pathak	A comparative evaluation of lip repair in cleft lip patients with nasoalveolar moulding and post operative nasal splints versus without nasoalveolar moulding and postoperative nasal splints	Dr Varun Arya	Oral and Maxillofacial Sugery
11.	Gursimer kaur	Dental phobia and its impact on oral hygiene	Dr Karandeep	Oral and Maxillofacial Sugery

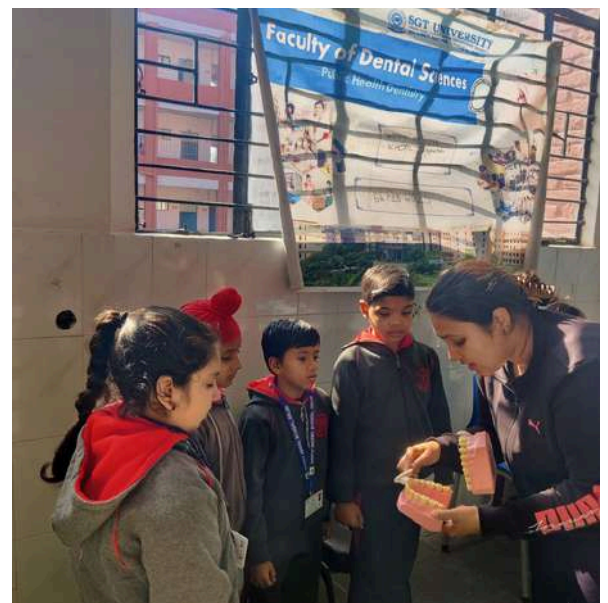
# SOCIAL INITIATIVE: OUTREACH/AWARENESS PROGRAMS



The Department of Public Health Dentistry successfully organized more than 20 dental camps every month, covering various villages, industrial areas, and schools. These camps provided free oral health check-ups, treatment services through the mobile dental van, and distribution of oral hygiene products to promote preventive dental care. The department conducted several village camps on 1st-2nd March and 22nd-23rd March on request from the Ministry of Education, Haryana.

## WORLD ORAL HEALTH DAY 2025: MONTH-LONG AWARENESS DRIVE (MARCH 20 - APRIL 20, 2025)

In alignment with World Oral Health Day (March 20, 2025), the department has launched a month-long awareness campaign from March 20 to April 20, 2025, focusing on the importance of oral health across different target groups. During outreach dental health drives, special efforts are being made to educate communities about oral disease prevention, the impact of oral health on overall well-being, and the need for regular dental check-ups.





# CO-CURRICULAR EVENTS



## ESPERANZA – INTER-COLLEGE DENTAL FEST

The event was organized on the 3rd and 4th of February, bringing together dental students from various prestigious institutions across North India. The event, hosted with the aim of fostering camaraderie, knowledge exchange and skill enhancement, saw an overwhelming response from participants eager to showcase their talents in both academic and extracurricular activities.

This mega event saw participation from around 40 plus colleges across NCR and neighbouring states, with more than 2000 participants. ESPERANZA 2025, with a line-up of thrilling sports competitions, interactive workshops and cultural extravaganzas was an enthralling experience for all the participating undergraduate and postgraduate students of various dental colleges.



# RADHA KRISHAN SANG PHOOLON KI HOLI

Faculty of Dental Sciences along with Faculty of Nursing organized the this year's 'Phoolon Ki Holi' celebration , an annual event hosted by the SGT University. It featured spellbinding cultural performances by SGT University's talented students, showcasing the rich diversity of India. The campus came alive with the rhythm of soulful music and dynamic dance routines, ranging from classical to contemporary, each paying tribute to the festival in its own unique way. There were also unique plays and acts that simultaneously amused and enlightened the audience.







## CONVOCATION 2025

SGT University hosted **11th Convocation** on **February 14th and 15th, 2025** to honour the achievements of our graduating students. The convocation ceremony was be graced by esteemed dignitaries and leaders, who will inspired and motivated our young graduates, postgraduates and Ph D scholars.

On Day 1, Chief Guest, Union Education Minister Shri Dharmendra Pradhan and DDCA President Mr. Rohan Jaitley inspired graduates, reminding them that true success lies in positively impacting others.

On Day 2, Hon'ble Mr. Justice Rajesh Bindal (Supreme Court of India), along with eminent academicians - Prof. Dr. H. Vinod Bhat (VC, Apollo University), Prof. Dr. Basuthkar Jagadeeshwar Rao (VC, University of Hyderabad), and Prof. Dr. Jay Parkash Yadav (VC, Indira Gandhi University) graced the occasion.



# STUDENT EDITORS



**Yashica Rawal**  
**BDS III Year**



**Komal Dash**  
**BDS III Year**



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