

COURSES OFFERED		Intake and Fee	
S.No.	Course Name	Duration	Fee (Rs.)
1	Bachelor of Naturopathy & Yogic Sciences	4 ¹ / ₂ Years + 1 Year internship	100000 (PER YEAR)

Career Opportunities

- Entrepreneurship and private specialty clinics, stress management clinics, lifestyle management, and wellness managers in the IT and ITES industries Academia and Research
- Employment opportunities in government and private Naturopathy and Yoga colleges and hospitals
- Consultant/Patient in the National AYUSH Mission under the Ministry of AYUSH and various other government organizations like Indian Railways, New Delhi Municipal
- Corporations, and Community Health Care schemes.
- Employment in Holistic Wellness Centres and Medi-Spas
- Stress Management Facilitator for IT Companies and the Corporate Sector
- Scope for Higher Education, including MD, M.P.H., M. Sc., Ph.D., etc.
- Junior Research Officer (JRF) and Senior Research Officer (SRF) in government and non-government-supported research projects.
- Employment opportunities as acupuncturists or consultants in the cruise line industry
- Scope for immigration with a few years of experience after completion of BNYS to countries like Canada, Australia, the European Union, etc.
- Naturopaths find jobs in Canada, Australia, and Europe after applying for the requisite practice licenses in those countries.



SGT
UNIVERSITY

Shree Guru Gobind Singh Tricentenary University



23
YEARS OF
**ACADEMIC
EXCELLENCE**

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FUTURE LEADERS**

**FACULTY OF
NATUROPATHY &
YOGIC SCIENCES**

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Budhera, Gurugram-Badli Road, Gurugram (Haryana)-122505

About Us

Calling itself Naturopathy, Naturopathic Medicine, or simply Naturopathy, Naturopathy is a type of Complementary and Alternative Medicine that encompasses a wide range of non-pharmacological healing modalities. Its core beliefs emphasize the body's innate ability to heal itself. These include a range of therapeutic modalities such as physical medicine and rehabilitation, counselling techniques, hydrotherapy, mud therapy, manipulative therapy, therapeutic fasting, reflexology, acupressure, acupuncture, nutrition, herbal medicine, natural dietetics, yoga and its therapeutic applications, lifestyle modification, and applied psychology and acupressure.

Vision for FNYS

To emerge as a state of art and the center of excellence through promoting quality education in the field of Naturopathic Medicine and Yogic Sciences, with an attitude to adapt to changing and as well to emerging trends and challenges of Health Care System.

Vision for FNYS

To provide a holistic curriculum that emphasizes on quality academic standards to create and sustain a personalised environment to support students' innovations, intellect, ethics, social and physical development and also to facilitate hands on experience applying knowledge and skills through innovations, projects by connecting disciplines, research, and academics reinforcing essential and important concepts of Yoga therapy and Naturopathic Medicine

Why a particular course at SGT University?

- Approved by University Grants Commission (UGC), CCRYN, Ministry of AYUSH, Govt. of India
- The successful students passing out from the college get their State/Central Degree Registration from CCRYN (Central Council for Research in Yoga & Naturopathy), Ministry of AYUSH, Govt. of India
- Treatment facilities with OPD & IPD backed by the vast clinical exposure at Multidisciplinary SGT Hospitals.
- Highly qualified & experienced faculty and healthy student faculty ration mandated by authorities.
- Regular Camps, Workshops, Expos like Synergy, Seminars & Guest lectures are conducted for up-to-date information & exposure to students
- Curriculum includes Natural holistic health approaches which is need of the hour
- College Website with online resources for students – Learn 24x7 Anytime Anywhere approach
- Central Library open till 11.PM & Departmental Library with more than 1000 Reference titles.

Research Grants and Projects

A 3-year extended study on effects of yoga program on renal functions and quality of life in patients suffering from chronic kidney disease is planned to start anytime soon in association with Faculty of Medicine and Health Sciences, SGT University (Order no SR/S9/Z-05/2019 Dated 21/08/2019)

Publications

32
Research Articles

06
Book
Chapters

01
Books

Affiliations, Awards & Ranking

Faculty of Naturopathy & Yogic Science (FNYS), SGT University is one of the first BNYS College in the whole of Asia to be an educational member of World Naturopathic Federation (An Advisory body to WHO, Geneva)

Pedagogies

Conventional Methods:

- | | |
|-----------------------------|--------------------------------|
| • Project Based Learning | • Practical File Submission |
| • Problem Based Learning | • Prototype / Mock Development |
| • Bedside/Clinical Teaching | • Group Discussion |
| • Student's Seminar | • Simulation Techniques |
| • Case Studies | • Hospital Visits |
| • PPT cum Panel Discussion | |

INFRASTRUCTURE



CLASSROOM

The FNYS aims to provide the best amenities which could give every student a state of art experience combined with best curriculum. The FNYS and University believes in protecting the environment and paperless environment and ERP system allocated to each and every student and faculty member get the best of experience in learning.



LABORATORIES

Well-equipped laboratories for basic sciences with a separate modern medical laboratories offer a wide exposure to the students.



HOSPITAL

A well-established Inpatient & Outpatient treatment wing in the University premises imparts practical training to students. A state of art Naturopathy & Yoga teaching hospital is operational with modern amenities to give the best of art experience in wellness. Clinical training is also imparted at SGT Hospital and other nodal medical centers of the University situated nearby Budhera.



EMPOWERING HEALTH PROFESSIONALS THROUGH
NATURE AND TRADITIONS WITH A NATIONAL APPROACH